



PROFESSIONALISM COMPLIANCE
PRECISION PERSONALIZATION

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SAFE AND RELIABLE
WELCOME TO SET UP 1:1 CONSULTATION



IV WELLNESS, PEPTIDES AND HORMONE REPLACEMENT INFORMATION BOOKLET



WHY SPRING CREEK PHARMACY? ►

QUALITY

Spring Creek Pharmacy is LegitScript® certified and has successfully passed the NABP Verified Pharmacy Program (VPP) inspection. These credentials reflect our unwavering commitment to safety, regulatory compliance, and quality in pharmaceutical compounding.

DEDICATED & HIGHLY TRAINED PROFESSIONALS

Our team of licensed compounding pharmacists and trained technicians participates in ongoing education and competency assessments to maintain strict compliance with FDA regulations and USP <797> standards for sterile compounding. This dedication to continuous improvement ensures the highest levels of quality, accuracy, and patient safety in every preparation.

PRODUCTS & PROCESSES

- USP <795>, <797>, and <800> compliant cleanroom facilities
- ISO Class 5 environment for sterile compounding
- Continuous, real-time monitoring of temperature, humidity, particulate levels, and pressure
- Comprehensive quality control testing for every preparation, including sterility, endotoxin, and potency testing

PRICING & SHIPPING

- Competitive, transparent pricing
- Prescription fulfillment typically within 24 hours
- Nationwide shipping to **46 states**

IV WELLNESS ►

Product	Strength	Vial Size	Price
TAPIOCA-BASED ASCORBIC ACID (VITAMIN C) (MDV) PF OR PF FREE	500mg/mL	50mL	\$45
AMINO BLEND (ARGININE/ORNITHINE/LYSINE/CITRULLINE)	100/50/50/50 mg/mL	30mL	\$58
BIOTIN (MDV)	10mg/mL	30mL	\$39
B COMPLEX (B-1, B-2, B-3, B-5, B-6)(MDV)	100/2/100/2/2mg/mL	30mL	\$49
CALCIUM CHLORIDE (MDV)	10%	30mL	\$35
DEXPANTHENOL (MDV)	250mg/mL	30mL	\$35
FOLIC ACID (MDV)	10mg/mL	10mL	\$45
GLUTAMINE (MDV)	25mg/mL	30mL	\$39
GLYCINE (MDV)	50mg/mL	30mL	\$35
GLUTATHIONE(MDV)	200mg/mL	30mL	\$39
HYDROXOCOBALAMIN(MDV)	1mg/mL	30mL	\$35
L-ARGININE(MDV)	100mg/mL	30mL	\$35
L-CARNITINE(MDV)	500mg/mL	30mL	\$30
LYSINE(MDV)	100mg/mL	30mL	\$35

Product	Strength	Vial Size	Price
LIPOLEAN (MDV) (METHYLCOBALAMIN, METHIONINE, INOSITOL, CHOLINE)	1/25/50/50mg/mL	30mL	\$48
METHYLCOBALAMIN(MDV)	1mg/mL	30mL	\$30
METHYLCOBALAMIN(MDV)	5 mg/mL	30mL	\$45
MAGNESIUM CHLORIDE(MDV)	200mg/mL	30mL	\$35
MYER'S COCKTAIL (MDV) (ASCORBICACID / GLUTATHIONE / METHYLCOBALAMIN / B-COMPLEX/MAGNESIUM/ZINC SULFATE)	1000/200mg/1mg/ 1mL/200mg/2.5mg/ 30mL	30mL	\$42
METHYLENE BLUE	10mg/mL	10mL	\$140
NAD(MDV)	200mg/mL	10mL	\$127
PYRIDOXINE (B6)(MDV)	100 mg/mL	30mL	\$35
TAURINE (MDV)	50mg/mL	30mL	\$35
TRI-IMMUNE BOOST (MDV) (GLUTATHIONE/ZINC SULFATE/ASCORBIC ACID)	200/2.5/200 mg/mL	30mL	\$42
THIAMINE HCL (B1)(MDV)	100 mg/mL	30mL	\$35
ZINC SULFATE(MDV)	10mg/mL	30mL	\$31

Sexual Health- Men

Product	Vial Size	Price
ANASTROZOLE 1mg		\$1/tab
ENCLOMIPHENE 12.5mg,25mg/cap		\$2/cap \$2.5/cap
GONADORELIN 0.2mg/mL	5mL	\$30
GONADORELIN 500mcg troches		\$35/30 troches
HCG(PREGNYL) 10,000units/10mL	10mL	\$220
PT-141 (BREMELANOTIDE) 5mg/mL	2mL	\$80
SILDENAFIL 25mg, 50mg, 100mg tab		\$1.00/tab
SERMORELIN 2mg/mL	5mL	\$80
SERMORELIN ACETATE 1MG FAST SL TAB		\$1/tab
TESTOSTERONE CYPIONATE IN GRAPESEED OIL OR CASTOR OIL 200mg/mL	5mL 10mL	\$25 \$40
TADALAFIL 5mg, 10mg,20mg tab		\$1.00/tab
TADALAFIL/PT141 20mg/2mg/troche		\$4.00/ troche
TADALAFIL 75mg/troche		\$1.5/ troche
TRI-MIX ALPRO STADIL/PAPAVERINE HCL/PHENTOLAMINE MESYLATE INJECTABLE 10mcg/30mg/1mg/mL	5mL	\$100

Sexual Health-Women▶

Product	Vial Size	Price
DHEA 10mg, 25mg,50mg/cap		90 cap= \$75
DHEA 5mg SUPPOSITORY		\$2/each
ESTRADIOL VALERATE 10mg/mL	5mL	\$41
ESTRADIOL CYPIONATE IN GRAPESEED OIL 10mg/mL	5mL	\$70
HRT CREAM, CAPSULES, LOZENGES, SUPPOSITORIES (SINGLE INGREDIENT OR COMBINATION) (TESTOSTERONE, PROGESTERONE, BI-EST, ESTRADIOL, ESTRIOL, ETC.)		90 cap= \$75
L-ARGININE/SILDENAFIL CREAM 30g		\$30
OXYTOCIN 40 UNIT/TROCHE		\$1.5/troche
TADALAFIL PT141 2.5mg/1mg/TROCHE		\$4.00/troche

HAIR LOSS▶

Product	Strength	Vial Size	Price
GHK-CU	10mg/mL	10mL	\$100
MINOXIDIL 5%/FINASTERIDE0.1% / BIMATOPROST 0.01% TOPICAL SOLUTION		30mL	\$50
		60mL	\$90
		90mL	\$130
		120mL	\$170
MINOXIDIL 0.25mg CAPSULES		30	\$25
		60	\$45
		90	\$65
		120	\$85

WEIGHT LOSS MANAGEMENT▶

Product	Vial Size	Price
NALTREXONE CAPSULES 1mg, 1.5mg,3mg 4.5mg/cap		30cap=\$25
SEMAGLUTIDE/L-CARNITINE		
2.5 mg/100mg/mL	2 mL	\$80
	4 mL	\$130
TIRZEPATIDE/L-CARNITINE		
20 mg/100mg/mL	2 mL	\$180
	4 mL	\$300

SKINCARE▶

Product	Vial Size	Price
AZELACTIC ACID / METRONIDAZOLE / IVERMECTIN 15/1/1% 30g		\$50
AZELACTIC ACID 15% 30g		\$30
BLT BENZOCAINE20%/LIDOCAINE10%/TETRACAINE10% 120g		\$132
GLUTATHIONE CREAM 30g 200mg/g		\$35
HYDROQUINONE WITH/WITHOUT HYDROCORTISONE/KOJIC ACID/RETINOICACID/VITAMIN C/TRETINOIN 30g		\$45
LIDOCAINE 30%/ TETRACAINE 7% CREAM 60g		\$70
TCA PEEL 25%	30mL	\$30
	90mL	\$60
TCA PEEL 50%	30mL	\$50
	90mL	\$100

GLP-1 STANDARD GUIDELINE DOSING ►

Standard UPS 2-day \$29 Shipping Fee/Next Day \$50 shipping fee.

SEMAGLUTIDE/L-CARNITINE (2.5 mg/100 mg/mL)		
Month 1: Inject 10 units (0.25mg) SQ weekly for four weeks	1 mL	\$40
Month 2: Inject 20 units (0.5mg) SQ weekly for four weeks	1 mL	\$40
Month 3: Inject 40 units (1mg) SQ weekly for four weeks	2 mL	\$80
Month 4: Inject 70 units (1.75mg) SQ weekly for four weeks	3 mL	\$120
Month 5: and onwards: Inject 100 units (2.5mg) SQ weekly for four weeks	4 mL	\$130

TIRZEPATIDE/L-CARNITINE (20mg/100mg/mL)		
Month 1: Inject 12.5 units (2.5mg) SQ weekly for four weeks	1 mL	\$100
Month 2: Inject 25 units (5mg) SQ weekly for four weeks	2 mL	\$180
Month 3: Inject 37.5 units (7.5mg) SQ weekly for four weeks	3 mL	\$240
Month 4: Inject 50 units (10mg) SQ weekly for four weeks	4 mL	\$300
Month 5: Inject 62.5 units (12.5mg) SQ weekly for four weeks	4 mL	\$300



ANTI-AGING AND LONGEVITY PEPTIDES ►

Product	Strength	Vial Size	Price
BPC-157 INJECTION	4mg/mL	5mL	\$135
BPC-157 500 MCG CAP			\$ 1.5/cap
CJC 1295/IPAMORELIN	2mg/2mg/mL	5mL	\$125
DIHEXA CAP	10mg 20mg		\$2.00/cap \$4.00/cap
KISSPEPTIN	200mcg/mL	5mL	\$75
METHYLENE BLUE 50MG CAPSULES			\$4 /capsule
METHYLENE BLUE	10mg/mL	10mL	\$140
MOTS-C	4mg/mL	5mL	\$135
NAD+ NASAL SPRAY	300mg/mL	15mL	\$100
TB-4 FRAGMENT (THYMOSIN BETA 4)	4mg/mL	5mL	\$150
TESAMORELIN/IPAMORELIN	5mg/1.5mg/mL	5mL	\$150
TESAMORELIN	4mg/mL	5mL	\$125

WHAT IS BPC 157? ►

BPC-157 (Body Protective Compound-157) is a peptide that is most often known for its potential healing and recovery benefits. It is composed of a 15-amino acid sequence derived from a naturally occurring protein found in the human stomach, known as BPC (Body Protective Compound). BPC-157 is widely researched for its potential to accelerate the healing process of various tissues including muscles, tendons, ligaments, bones, and nerves. It is believed to promote faster recovery from injuries,surgery, and even chronic conditions by supporting tissue repair and regeneration.

GENERAL WELLNESS DOSING

01 BPC-157 500mcg Oral Capsules

Take1-2 capsule po dailyTissue Injury Dosing

02 BPC-157 4mg/mL(5mLMDV)

Inject 15 Units SQ at the site of injury twice daily

BENEFITS OF BPC-157?			
Helps heal tissues	Promote wound Healing	Reduces Inflammation	Boosts Immune Function
Neuroprotective	Gastroprotective	Relieves Joint Pain	Increases Blood Flow

POTENTIAL SIDE EFFECTS?			
Injection Site Reactions	Edema	Nausea	Rash

AVAILABLE DOSAGE FORMS:	
01 BPC-157 500mcg Oral Capsules	
02 BPC-157 4mg/mL (5mL MDV)	

WHAT IS CJC1295/IPAMORELIN? ►

CjC 1295 is a growth hormone releasing hormone (GHRH)analogue = Growth hormone mimetic.It specificallyincreases the secretion of GH from the pituitary gland.It is mainly used to promote muscle growth, fat loss, andimprove overall recovery, It can also enhance the body'snatural production of growth hormone.

When combined, these two peptides work synergisticallyto increase growth hormone levels more effectivelyCJC-1295 provides a long-lasting effect on GH release,while Ipamorelin stimulates the pituitary to release GHwith minimal side effects like elevated cortisol.

WARNINGS

CJC 1295/lpamorelin should not be used whilepregnant or breastfeeding. Growth Hormone may be mitogenic;if patient prone tocancer or has cancer, use with caution. Growth Hormone may mask symptoms ofhypothyroidism.

BENEFITS OF CJC1295/IPAMORELIN?			
Improved physical performance	Increased bone density	Increased muscle mass	Neuroprotection
Weight loss support	Improved cognition and memory	Thermogenic - fat burning	Increases IGF-1

POTENTIAL SIDE EFFECTS?			
Flushing	Edema	Joint and Muscle Pain	Rash

AVAILABLE DOSAGE FORMS:	
01 CJC-1295/lpamorelin 2/2mg/mL(5mL MDV)	
02 Inject 10 units to 20 units (0.2mg-0.4mg) sQ at bedtime 5nights weekly on an empty stomach	

WHAT IS GHK-CU? ►

GHK-Cu (Copper Tripeptide-1) is a naturally occurring peptidecomposed ofthree amino acids: glycine, histidine, and lysinealong with a copper ion (Cu). It is known for its role in promotingtissue repair, regeneration, and various skin health benefits.

GHK-Cu plays a crucial role in wound healing by promoting therepair and regeneration of tissues. It helps stimulate theproduction of collagen, a protein essential for the structure andelasticity of skin.

It has been shown to enhance the activity of growth factors, suchas transforming growth factor-beta (TGF-β), which supportstissue repair.

BENEFITS OF GHK-CU?	
Anti-aging support	Anti-Inflammatory
Skin Regeneration	Improves Skin Elasticity
UV Protection	Stimulates Wound Healing
Hair Growth/Re-Growth	Increases Hair Growth,Thickness & Hair Follicle Size

POTENTIAL SIDE EFFECTS?
Injection site reactions
Monitor for zinc/copperimbalance, recommend to takeOTC zinc supplement daily

AVAILABLE DOSAGE FORMS:
GHK-Cu 10mg/mL (10 mL MDV)
Inject 20 Units SO Daily for 20 days/month

WHAT IS METHYLENE BLUE? ►

Methylene Blue is a synthetic dye that has a variety of medicalbiological, and industrial applications. Chemically, it is a thiazinedye, and its molecular formula is C16H18CIN3S. It has adistinctive blue color and is commonly used in severatherapeutic and diagnostic settings.

Antimicrobial: Methylene Blue has been found to possess someantimicrobial properties, particularly against certain bacteria,fungi, and protozoa.

Antioxidant: It has potential antioxidant properties and canneutralize free radicals, which may help protect cells fromoxidative damage.

WARNINGS

People with renal failure

People who are pregnant or breastfeeding

Take meds that raise serotonin levels

BENEFITS OF METHYLENE BLUE?			
Antioxidant and Anti-Aging Effects	Neuroprotective	Mood stabilization	Long COVID
Cognitive Enhancement	ADHD	Mitochondrial enhancement	

POTENTIAL SIDE EFFECTS?
nausea, vomiting, headache,dizziness, and skin irritation
Serotonin syndrome

AVAILABLE DOSAGE FORMS:
Lyme disease: 50mg 2x daily
ADHD: 100mg 3x daily
IV Therapy: 1-2mg/kg body weight infused over 5 minutes

WHAT IS NAD+? ►

NAD+ is a coenzyme found in all living cells, and it plays acrucial role in a variety of biological processes. It also plays avital role in metabolism and energy production.

As NAD+ levels naturally decline with age, there is increasinginterest in NAD+ supplementation to restore youthful energylevels, improve cell repair, and slow down aging processes.

WARNINGS

People with a history of bipolar disorder, psychosis orsuicidal thoughts.

People with a known allergy to NAD or its componentsshould not receive NAD therapy.

BENEFITS OF NAD+?	
Boosts energylevels	Cognitive Enhancement
Combat aging	Neuroprotective
Assists in weight management	Support pain management
Improves mood boosts serotonin	Promotes healthy skin

POTENTIAL SIDE EFFECTS?	
nausea, Headaches, Diarrhea	Fatigue, Cramping duringtherapy. Redness at site

AVAILABLE DOSAGE FORMS:
200mg/mL MDV(10 mL): Inject 25-50 Units IM 1-3x weekly
200mg/mL MDV (10 mL): Inject 25-50 Units sQ 3x weekly
IV Therapy: 250-1000mginfused over 1-3 hours

WHAT IS SEMAGLUTIDE? ►

Semaglutide is a medication used primarily for managing type 2 diabetes and for weight loss in certain individuals. It is a GLP-1 receptor agonist (glucagon-like peptide-1), which means it mimics the effects of a natural hormone that helps regulate blood sugar levels and appetite.

For Weight Loss: It can lead to significant weight loss, making it an option for people struggling with obesity or overweight who have not had success with diet and exercise alone.

GENERAL WELLNESS DOSING

Starting Dose: 0.25 mg once a week for the first 4 weeks.

Increase to 0.5 mg once a week for 4 weeks.

1 mg once a week for another 4 weeks.

1.7 mg once a week for another 4 weeks.

2.4 mg once a week for onwards.

BENEFITS OF SEMAGLUTIDE		
Weight Loss	Neuroprotective	Decrease Food Intake
Blood Sugar Control	Appetite Regulation	Improves Insulin Sensitivity

POTENTIAL SIDE EFFECTS?
nausea, vomiting, diarrhea, and abdominal pain when starting treatment.
Most of these side effects tend to lessen over time.

AVAILABLE DOSAGE FORMS:
Starting Dose: 0.25 mg once a week for the first 4 weeks.
Maximum Dose for Weight Loss: 2.4 mg once a week is the typical maintenance dose for weight loss treatment.

WHAT IS TIRZEPATIDE? ►

Tirzepatide is a new medication that has been found to be very effective in weight reduction.

Tirzepatide is unique because it targets two different receptors: GLP-1 (Glucagon-Like Peptide-1): This hormone helps regulate blood sugar by increasing insulin release when blood sugar is high, inhibiting glucagon release, and slowing down gastric emptying to promote fullness. GIP (Gastric Inhibitory Polypeptide): This hormone also helps stimulate insulin release and has additional benefits on fat metabolism. It can lead to significant weight loss.

GENERAL WELLNESS DOSING

Starting Dose: The typical starting dose for tirzepatide is 2.5 mg once a week.

Dose Increase: 2.5 mg increase every 4 weeks

Higher doses, up to 15 mg once a week, may be used if needed.

BENEFITS OF TIRZEPATIDE			
Weight Loss	Cardiovascular Benefits	Blood Sugar Control	Sleep Apnea

POTENTIAL SIDE EFFECTS?
nausea, vomiting, diarrhea and constipation, especially when starting the treatment.
Most of these side effects tend to lessen over time.

AVAILABLE DOSAGE FORMS:
Starting Dose: 2.5 mg once a week for the first 4 weeks.
Increase to 5 mg once a week for 4 weeks. 7.5 mg once a week for another 4 weeks. 10 mg once a week for another 4 weeks. 12.5 mg once a week for another 4 weeks.

WHY COMPOUNDED SEMAGLUTIDE/TIRZEPATIDE /L-CARNITINE? ►

L-Carnitine is an amino acid-like compound that plays a role in the metabolism of fat. It helps transport fatty acids into the mitochondria of cells, where they can be burned for energy. It is commonly used as a supplement to aid fat loss and improve athletic performance.

Why add L-Carnitine?: When combined with semaglutide or tirzepatide, L-carnitine may enhance fat burning and metabolism, It may also provide additional energy and support overall fat loss, complementing the appetite-suppressing and glucose-regulating effects of the GLP-1 receptor agonists.

BENEFITS OF TIRZEPATIDE/L-CARTITINE COMBO

Enhanced Weight Loss

Improved Metabolic Health

POTENTIAL SIDE EFFECTS?

nausea, vomiting, diarrhea and constipation, especially when starting the treatment.

Most of these side effects tend to lessen over time.



Detox & Chelation Therapy Solutions ►

Acetyl-Glutathione

Acetyl-Glutathione is a stabilized, orally absorbable form of glutathione—the body's "master antioxidant." It supports detoxification, protects cells from oxidative stress, and boosts the action of other antioxidants. Unlike regular glutathione, the acetylated form survives digestion and effectively raises glutathione levels in the body.

Who Benefits from Acetyl-Glutathione?

Individuals with chronic illness or aging concerns

Those seeking enhanced detoxification

People with low energy, brain fog, or immune dysfunction

Patients with increased oxidative stress (e.g., autoimmune disease, diabetes, neurodegenerative disorders)

Potential Side Effects

Generally well-tolerated

Rare: mild gastrointestinal upset

Available Dosage Forms

Oral capsules (100-900 mg)

Sublingual/buccal troches (100-300 mg)

Oral liquid (100-200 mg/mL)

BHRT ►

Estradiol (E2)

Estradiol (E2) is a bioidentical form of estrogen, the primary female sex hormone. It is essential for reproductive health, bone strength, cardiovascular function, and overall well-being in both women and men. Estradiol is most

commonly used in hormone replacement therapy (HRT) to address symptoms of estrogen deficiency.

Who Benefits from Estradiol?			
Women with low estrogen (irregular periods, infertility)			
Girls with delayed puberty			
Women experiencing menopause symptoms (hot flashes, night sweats, vaginal dryness)			
Men with low hormone levels not corrected by testosterone therap			
Potential Side Effects			
Breast tenderness	Bloating	Headache	Mood changes
Increased risk of blood clots or stroke (rare, but serious)			
Available Dosage Forms			
Compounded oral capsules			
Topical creams			
Sublingual/buccal troches			

Estriol (E3)

Estriol (E3) is a naturally occurring, bioidentical estrogen. It is the weakest of the three main estrogens in the body and is primarily produced during pregnancy. Estriol is used in hormone replacement therapy (HRT) for its gentle effect and lower risk profile compared to stronger estrogens.

Who Benefits from Estriol?
Women experiencing menopausal symptoms (hot flashes, night sweats, vaginal dryness)
Elderly men and women with osteoporosis
Individuals with autoimmune disorders (e.g., multiple sclerosis, rheumatoid arthritis)

Who Benefits from Estriol?
Mild breast tenderness
Headache
Nausea (rare)
Lower risk of serious side effects compared to other estrogens

Available Dosage Forms
Compounded oral capsules
Topical creams
Sublingual/buccal troches

Progesterone

Progesterone is a bioidentical hormone essential for regulating the menstrual cycle, supporting pregnancy, and protecting nerve and brain function. It is produced mainly by the ovaries in women and in smaller amounts by the adrenal glands and testes in men. Progesterone therapy is often used in hormone replacement protocols for both women and men.

Who Benefits from Progesterone?
Women with low progesterone (irregular periods, infertility, PMS)
Perimenopausal and menopausal women on estrogen therapy
Men with low hormone levels or symptoms of estrogen dominance
Individuals with central nervous system conditions (e.g., insomnia, mood changes, neuropathy)

Potential Side Effects	
Mood changes	Headache
Breast tenderness	
Menstrual cycle changes	

Available Dosage Forms

Compounded oral capsules

Topical creams

Sublingual/buccal troches

DHEA

DHEA (Dehydroepiandrosterone) is a naturally occurring hormone produced by the adrenal glands, ovaries, and testes. It serves as a precursor to both testosterone and estrogen, with levels peaking in early adulthood and gradually declining with age. DHEA supplementation is used to support hormonal balance, energy, and overall wellness.

Who Benefits from DHEA?

Menopausal women experiencing symptoms such as vaginal dryness, low libido, brittle bones, or hot flashes

Men in andropause with fatigue, low mood, or joint pain

Individuals with depression, adrenal insufficiency, or autoimmune conditions (e.g., Lupus, Crohn's disease)

People with chronic fatigue syndrome, COPD, or metabolic syndrome

Potential Side Effects

Acne

Hair changes (growth or loss)

Mood swings

Rare: changes in menstrual cycle, increased facial hair in women

Available Dosage Forms

Compounded oral capsules

Topical creams

Testosterone

Testosterone is a bioidentical or synthetic sex hormone that plays a key role in regulating libido, muscle mass, bone density, mood, and energy. It is the primary male sex hormone, but women also produce smaller amounts. Testosterone therapy is used to address symptoms of deficiency in both men and women.

Who Benefits from Testosterone?

Men with low testosterone (fatigue, low libido, muscle loss, mood changes)

Boys with delayed puberty

Women with low testosterone (low energy, poor bone density, low sex drive)

Breast cancer survivors (in combination with anastrozole for menopausal symptoms)

Potential Side Effects

Acne

Mood changes

Increased hematocrit (risk of blood clots)

Prostate concerns (in men)

Voice deepening, hair changes, menstrual irregularities (in women)

Serious: cardiovascular risks, liver dysfunction (rare)

Available Dosage Forms

Injectable (cypionate, enanthate)

Topical gel or patch

Compounded oral capsules or creams

Pregnenolone

Pregnenolone is a naturally occurring steroid hormone produced mainly by the adrenal glands and the brain. It serves as a precursor for many other

hormones, including progesterone, estrogen, testosterone, and cortisol. Pregnenolone also acts as a neurosteroid, supporting memory, mood, and nerve health.

Who Benefits from Pregnenolone?
Men and women with hormonal imbalances (menopause, andropause)
Individuals experiencing memory decline or cognitive issues
People with depression or certain psychiatric conditions (e.g., bipolar disorder, schizophrenia)
Those seeking support for brain and nerve health
Potential Side Effects
Mild headache
Mood changes
Rare: Insomnia or irritability
Available Dosage Forms
Compounded oral capsules
Topical creams

Anastrozole

Anastrozole is a nonsteroidal aromatase inhibitor that reduces estrogen production by blocking the conversion of testosterone to estradiol. It is primarily used to support hormone balance in both women and men, especially in cases of estrogen excess or hormone-sensitive cancers.

Who Benefits from Anastrozole?
Postmenopausal women with estrogen-dependent breast cancer or high risk for breast cancer
Women with excess estrogen or symptoms of hormonal imbalance
Men with low testosterone or those undergoing testosterone replacement therapy
Men experiencing fertility or sexual function issues related to high estrogen levels

Potential Side Effects
Joint pain or stiffness
Hot flashes
Mood changes
Headache
Rare: bone loss, cardiovascular risks
Available Dosage Forms
Compounded oral capsules
Tablets

Sexual Health & Wellness Solutions ▶

Oxytocin

Oxytocin is a hormone and neurotransmitter produced in the brain and released by the pituitary gland. It plays a key role in emotional bonding, social behavior, sexual function, and reproductive health. Oxytocin is sometimes called the “cuddle hormone” for its role in promoting trust, relaxation, and connection.

Who Benefits from Oxytocin?
Individuals with sexual dysfunction or low intimacy
People experiencing mood disorders, anxiety, or social withdrawal
Those with weight management challenges linked to emotional eating
Patients with autism spectrum disorder or chronic inflammation
Potential Side Effects
Water retention or mild swelling
Headache

Rare: unpredictable changes in social behavior, electrolyte imbalance

Tadalafil

Tadalafil is an oral prescription medication classified as a phosphodiesterase type 5 (PDE5) inhibitor. It is widely used to treat erectile dysfunction (ED), benign prostatic hyperplasia (BPH), and pulmonary arterial hypertension (PAH). Tadalafil is known for its long-lasting effects, earning it the nickname “weekend pill.”

Who Benefits from Tadalafil?

- Men with erectile dysfunction seeking improved ability to achieve and maintain an erection
- Individuals with BPH experiencing urinary symptoms (frequent, urgent, or difficult urination)
- Patients with PAH needing improved exercise capacity and reduced pulmonary pressure
- May also benefit men with metabolic syndrome or cardiovascular risk factors

Potential Side Effects

Headache

Flushing

Muscle aches or back pain

Rare: sudden vision or hearing loss, chest pain, prolonged or painful erection (priapism)

Contraindicated with nitrates or guanylate cyclase stimulators due to risk of dangerous drops in blood pressure.

Available Dosage Forms

Oral tablets (various strengths), Compounded Troches

Sildenafil

Sildenafil is an oral prescription medication classified as a phosphodiesterase type 5 (PDE5) inhibitor. It is best known under the brand name Viagra for treating erectile dysfunction (ED). Sildenafil works by enhancing blood flow to specific tissues, supporting both sexual and cardiovascular health.

Who Benefits from Sildenafil?

- Men with erectile dysfunction seeking improved ability to achieve and maintain an erection
- Investigational use in neurological conditions (e.g., Alzheimer’s disease models)

Benefits

- Enhances blood flow for improved erectile function
- Relaxes pulmonary blood vessels to improve exercise tolerance in PAH
- May support brain perfusion and neurogenesis (under research)

Potential Side Effects

- Headache
- Visual disturbances (color changes, blurred vision)
- Dizziness
- Rare: sudden vision or hearing loss, chest pain, prolonged or painful erection (priapism)

Contraindicated with nitrates or severe cardiac conditions due to risk of dangerous drops in blood pressure.

Available Dosage Forms

Oral tablets (various strengths)

Estradiol/Testosterone

Estradiol/Testosterone combination therapy involves the co-administration of estrogen (typically estradiol) and testosterone to address hormonal deficiencies or imbalances. This therapy is primarily used for menopausal symptoms in women and for sexual dysfunction or metabolic health issues in both sexes. The combination aims to restore a more holistic endocrine balance.

Who Benefits from Estradiol/Testosterone Therapy?

- Postmenopausal women with persistent menopausal symptoms (hot flashes, night sweats, vaginal dryness)

Aging men with testosterone deficiency and associated metabolic or cardiovascular risks

Individuals seeking improved sexual function, energy, and overall well-being

Potential Side Effects

Breast tenderness, Bloating, Acne, Headache, Dizziness

Weight changes, Changes in hair distribution or libido

Serious risks: blood clots, stroke, heart attack, liver dysfunction, virilization
(voice or hair changes in women)

Should be used with caution in elderly patients or those with liver, kidney, or heart disease. Not recommended during pregnancy or lactation.

Available Dosage Forms

Oral Tablets (Esterified Estrogen + Methyltestosterone):
Fixed-dose tablets (e.g., 0.625 mg/1.25 mg or 1.25 mg/2.5 mg)
Typically used short-term (3-6 months); dosage tailored to symptom relief.

Compounded bioidentical capsules, creams, or troches

Always take as directed by your healthcare provider.

Tadalafil/Oxytocin

Tadalafil/Oxytocin is an experimental combination that pairs Tadalafil—a PDE5 inhibitor that improves blood flow and smooth muscle relaxation—with Oxytocin, a neuropeptide hormone that influences bonding, mood, and sexual behavior. This therapy aims to address both the physical and psychological aspects of sexual function.

Who Benefits from Tadalafil/Oxytocin?

Individuals with erectile dysfunction and associated anxiety or intimacy issues

Couples seeking enhanced emotional bonding and sexual satisfaction

Patients with mood disorders affecting sexual health

Potential Side Effects

Tadalafil: Headache, flushing, indigestion, muscle aches, rare vision or hearing loss, hypotension
(especially with nitrates)

Oxytocin: Water retention, mild swelling, unpredictable changes in social behavior,
rare electrolyte imbalance

Combined use: Unknown long-term safety; possible additive effects on blood pressure and mood

Available Dosage Forms

Tadalafil Oral Tablets:
10–20 mg as needed before sexual activity, or 2.5–5 mg daily for continuous therapy

Oxytocin Nasal Spray or Troches:
Dosage individualized; typically used prior to sexual activity or as directed by your healthcare provider

Always use as directed by your healthcare provider. This combination is not FDA-approved and should only be considered under medical supervision.

L-Arginine / Tadalafil / Testosterone

What is L-Arginine / Tadalafil / Testosterone Combination Therapy?
L-Arginine / Tadalafil / Testosterone is a multi-agent protocol sometimes used in advanced sexual health regimens. It combines L-Arginine (an amino acid that boosts nitric oxide and blood flow), Tadalafil (a PDE5 inhibitor for erectile function), and Testosterone (an androgen hormone for libido, energy, and muscle mass). This combination targets vascular, hormonal, and psychological aspects of sexual dysfunction.

Potential Side Effects

Men with erectile dysfunction and low testosterone, especially when
ED is linked to both vascular and hormonal factors

Men with metabolic syndrome or age-related decline in sexual function

Patients seeking synergistic therapy for improved sexual performance,
energy, and overall well-being

Potential Side Effects

L-Arginine: Gastrointestinal upset, caution in patients with herpes or low blood pressure

Tadalafil: Headache, flushing, muscle aches, risk of hypotension (especially with nitrates)

Testosterone:

Acne, mood changes, increased hematocrit, prostate concerns; requires regular monitoring

Combined use: Potential additive effects on blood pressure and cardiovascular system; careful dosing and lab checks are essential

Available Dosage Forms

L-Arginine Oral Capsules: 3-6 g daily, often split into 2-3 doses

Tadalafil Oral Tablets:

10-20 mg as needed before sexual activity, or 2.5-5 mg daily for continuous therapy

Testosterone Injection, Gel, or Patch:

Injection: 50-400 mg every 2-4 weeks Gel: 5 g applied once daily Patch: 2-6 mg daily

Dosing tailored to lab results and symptoms

Always use as directed by your healthcare provider. Combination therapy is not FDA-approved as a single product and is typically prescribed as separate agents.

L-Arginine/Sildenafil Citrate/Testosterone

What is L-Arginine / Sildenafil Citrate / Testosterone Combination Therapy?

L-Arginine / Sildenafil Citrate / Testosterone is a comprehensive protocol used in advanced sexual health regimens. It combines L-Arginine (an amino acid that boosts nitric oxide and blood flow), Sildenafil Citrate (a PDE5 inhibitor for erectile function), and Testosterone (an androgen hormone for libido, energy, and muscle mass). This combination addresses vascular, hormonal, and psychological aspects of sexual dysfunction.

Who Benefits from This Combination?

Men with erectile dysfunction and low testosterone, especially when ED is linked to both vascular and hormonal factors

Men with metabolic syndrome or age-related decline in sexual function

Men with erectile dysfunction and low testosterone, especially when ED is linked to both vascular and hormonal factors

Potential Side Effects

L-Arginine: Gastrointestinal upset, caution in patients with herpes or low blood pressure

Sildenafil Citrate: Headache, flushing, visual changes, contraindicated with nitrates or severe cardiac conditions

Testosterone: Acne, mood changes, increased hematocrit, prostate concerns; requires regular monitoring

Combined use: Potential additive effects on blood pressure and cardiovascular system; careful dosing and lab checks are essential

Available Dosage Forms

L-Arginine Oral Capsules: 3-6 g daily, often split into 2-3 doses

Sildenafil Citrate Oral Tablets:

50 mg as needed about 1 hour before sexual activity (range: 25-100 mg; max once daily)

Testosterone Injection, Gel, or Patch:

Injection: 50-400 mg every 2-4 weeks Gel: 5 g applied once daily Patch: 2-6 mg daily

Dosing tailored to lab results and symptoms

Always use as directed by your healthcare provider. Combination therapy is not FDA-approved as a single product and is typically prescribed as separate agents.

L-Arginine / Sildenafil Citrate

L-Arginine / Sildenafil Citrate is a dual-agent protocol used in sexual health regimens. L-Arginine is an amino acid that boosts nitric oxide production, improving blood flow and vascular health. Sildenafil Citrate (Viagra) is a PDE5 inhibitor that enhances erectile function by sustaining smooth muscle relaxation and increasing penile blood flow. Together, they target complementary pathways for improved erectile quality.

Who Benefits from This Combination?

Men with erectile dysfunction, especially those with mild-to-moderate ED or vascular/endothelial dysfunction

Patients seeking non-hormonal support for sexual health

Individuals looking for adjunct therapy alongside lifestyle changes or other treatments

Potential Side Effects

L-Arginine: Gastrointestinal upset, caution in patients with herpes or low blood pressure

Sildenafil Citrate: Headache, flushing, visual changes,
contraindicated with nitrates or severe cardiac conditions

Combined use: Potential additive effects on blood pressure; monitor for dizziness or hypotension

Available Dosage Forms

L-Arginine Oral Capsules: 3–6 g daily, often split into 2–3 doses

Sildenafil Citrate Oral Tablets:
50 mg as needed about 1 hour before sexual activity (range: 25–100 mg; max once daily)

ED Injectable ►

Alprostadil/Papaverine/Phentolamine (Tri-Mix)

What is Alprostadil/Papaverine/Phentolamine (Tri-Mix)?
Tri-Mix is a compounded injectable medication for erectile dysfunction (ED) that combines three agents:

- Alprostadil: a prostaglandin analog and vasodilator
- Papaverine: a non-selective phosphodiesterase inhibitor
- Phentolamine: an alpha-adrenergic blocker

Together, they promote smooth muscle relaxation and increased blood flow to the penis.

Who Benefits from Tri-Mix?

Men with erectile dysfunction who do not respond to or cannot take oral ED medications

Potential Side Effects

Redness, or itching, Bruising, infection, or fibrosis at the injection site

Priapism (prolonged erection lasting more than 4 hours)

Flushing, GI upset, fatigue, runny nose

Rare: allergic reactions, cardiovascular events

Available Dosage Forms

Form: Intracavernosal injection (injected directly into the penis)

Dosing: As prescribed;
do not inject more than one dose within 24 hours or more than 3 doses per week

Always follow your healthcare provider's instructions and the administration guide.

Papaverine/Phentolamine (Bi-Mix)

What is Papaverine/Phentolamine (Bi-Mix)?
Bi-Mix is a compounded injectable medication for ED that contains:

- Papaverine: a non-selective phosphodiesterase inhibitor
- Phentolamine: an alpha-adrenergic blocker

It works by relaxing smooth muscle and increasing blood flow to the penis.

Who Benefits from Tri-Mix?

Men with erectile dysfunction who do not respond to or cannot take oral ED medications

Potential Side Effects

Injection site pain, redness, or itching

Bruising, infection, or fibrosis at the injection site

Priapism (prolonged erection)

Flushing, GI upset, fatigue, runny nose

Rare: allergic reactions, cardiovascular events

Seek immediate medical attention for erections lasting longer than 4 hours or signs of allergic reaction.

General Wellness Dosing

Form: Intracavernosal injection

Dosing: As prescribed;
do not inject more than one dose within 24 hours or more than 3 doses per week

Testosterone Cypionate/DHEA/Grapeseed Oil Compound

What is Testosterone Cypionate/DHEA/Grapeseed Oil Compound?
Testosterone Cypionate/DHEA/Grapeseed Oil is a compounded injectable therapy for hormone replacement.

- Testosterone: restores male sex hormone levels
- DHEA: supports bone health and hormone balance
- Grapeseed oil: used as the carrier

Who Benefits from This Compound?
Men with hypogonadism (low testosterone)
Individuals needing DHEA supplementation for bone or hormone health
Potential Side Effects
Headache, acne, emotional changes
Changes in hair growth, voice, or menstrual cycle
High blood pressure, swelling, or weight gain
Serious: liver problems, blood clots, prostate issues, allergic reactions
<i>Not for use in patients with certain cancers or during pregnancy/breastfeeding.</i>
Available Dosage Forms
Form: Subcutaneous or intramuscular injection
Dosing: As prescribed; frequency and amount based on individual needs

Always follow your healthcare provider's instructions.

Hair Health Medications ►

Finasteride

What is Finasteride?
Finasteride is an oral medication classified as a 5-alpha-reductase inhibitor. It works by blocking the conversion of testosterone into dihydrotestosterone

(DHT), a hormone that contributes to prostate enlargement and male pattern hair loss. Finasteride is commonly prescribed for benign prostatic hyperplasia (BPH) and androgenic alopecia (male pattern baldness).

Who Benefits from Finasteride?
Men with benign prostatic hyperplasia (BPH) experiencing urinary symptoms
Men with male pattern baldness seeking to slow hair loss or promote regrowth
Potential Side Effects
Decreased libido, Erectile dysfunction, Reduced ejaculate volume
Breast tenderness or enlargement
Depression (rare)
Allergic reactions (rare)

Not for use in women or children. Pregnant women should avoid handling crushed tablets due to risk of fetal harm.

Available Dosage Forms
Benign Prostatic Hyperplasia (BPH):5 mg orally once daily
Male Pattern Hair Loss:1 mg orally once daily

Take as directed by your healthcare provider. Effects typically require 3-6 months of continuous use.

Minoxidil

Minoxidil is a vasodilator originally developed as an oral medication for high blood pressure. Today, it is primarily used topically to treat androgenic alopecia (male and female pattern hair loss). Minoxidil stimulates hair follicles and prolongs the growth phase of hair.

Who Benefits from Minoxidil?
Men with male pattern baldness seeking to slow hair loss or promote regrowth
Women with female pattern hair loss or diffuse thinning

Individuals seeking adjunct therapy with other hair loss treatments

Potential Side Effects

Scalp irritation, itching, dryness

Unwanted facial hair growth (especially in women)

Rare: systemic absorption causing low blood pressure, dizziness, or rapid heartbeat

Avoid contact with eyes and mucous membranes. Oral use requires close monitoring for cardiovascular effects.

Available Dosage Forms

Topical solution (2%, 5%)

Topical foam (5%)

Oral tablets (off-label use)

Weight Management ►

Low Dose Naltrexone

Low Dose Naltrexone (LDN) is a medication originally approved for opioid and alcohol addiction. At much lower doses, it is used to boost natural endorphins, regulate the immune system, and reduce inflammation. LDN is available only through compounding pharmacies.

Available Dosage Forms

Individuals with autoimmune disorders
(e.g., multiple sclerosis, Crohn’s disease, lupus, rheumatoid arthritis, psoriasis)

People with chronic pain, depression, anxiety, fibromyalgia, chronic fatigue, or weight loss problems

Patients with weakened immune systems, cancer, autism, PTSD, or Alzheimer’s

Who Benefits from LDN?

Individuals with autoimmune disorders
(e.g., multiple sclerosis, Crohn’s disease, lupus, rheumatoid arthritis, psoriasis)

People with chronic pain, depression, anxiety, fibromyalgia, chronic fatigue, or weight loss problems

Patients with weakened immune systems, cancer, autism, PTSD, or Alzheimer’s

Potential Side Effects

Tell your doctor if you have liver or kidney disease, bleeding disorders,
or are taking pain medications or immunosuppressants.

Generally well-tolerated Rare: vivid dreams, insomnia, mild digestive upset

Available Dosage Forms

Oral Capsules:
Dosage is individualized, typically much lower than addiction treatment doses (often 1-4.5 mg daily)

Take as directed by your healthcare provider.

Sermorelin

Sermorelin is a synthetic peptide that stimulates the pituitary gland to produce and release growth hormone (GH), which in turn promotes the production of IGF-1. It is used in anti-aging protocols, GH deficiency treatment, and performance optimization.

Who Benefits from Sermorelin?

Adults with age-related decline in growth hormone

Individuals with GH deficiency

Athletes or fitness enthusiasts seeking improved recovery and body composition

Potential Side Effects

Mild injection site irritation

Flushing

Headache

Avoid in individuals with active cancer or uncontrolled endocrine disorders. Requires medical supervision and periodic IGF-1 monitoring.

Available Dosage Forms

Subcutaneous Injection:
200–500 mcg once daily, usually at night to mimic natural GH secretion
Often prescribed in cycles (e.g., 3–6 months)

Administer as directed by your healthcare provider.

Lipolean

Lipolean is a lipotropic injection formula commonly used in medical weight-loss programs. It contains a blend of B vitamins, amino acids, and lipotropic agents to enhance fat metabolism, energy production, and overall wellness.

Who Benefits from Lipolean?

Individuals in weight-loss programs seeking accelerated fat metabolism

People with low energy or nutrient deficiency

Patients using adjunct therapy with appetite suppressants or metabolic boosters

Potential Side Effects

Mild soreness at injection site

Rare allergic reactions

Should be administered by a healthcare professional. Not a substitute for diet and exercise. Avoid if allergic to any components.

Available Dosage Forms

Intramuscular Injection:
1–2 times per week during active weight-loss phases

Administered by a healthcare professional; dosing depends on formulation and clinical protocol.